Training Packages

slt4me deliver a range of training packages which are tailored for Early Years, Primary and Secondary aged children and settings. The following courses cover a range of areas that SLTs are involved in supporting.

General Speech, Language and Communication Training

Speech Development – This training package covers:
- What is the difference between 'Speech' and 'Language'
- What is the difference between 'Phonetics' and 'Phonology'
- How we make speech sounds and what age they develop from
- What is a 'Phonological Process' and how to identify them
- What can go wrong and how we can support a child to develop speech sounds
- An introduction to speech sound resources

Language Development – Receptive Language – This training package covers:
- What is Receptive Language/Understanding of Language
- Development of Receptive Language skills
- What are 'Key Words'?
- How to identify a child/student with receptive language difficulties in your classroom
- What can go wrong and what strategies can we us to help?
- How we can create a communication friendly environment to support children with receptive language difficulties

Language Development – Expressive Language – This training package covers:
- What is Expressive Language/Use of Language
- Development of Expressive Language skills
- What are 'Key Words'?
- How to identify a child/student with expressive language difficulties in your classroom
- What can go wrong and what strategies can we use to help?
- How we can we create a communication friendly environment to support children with expressive language difficulties

Development Language Disorder (DLD) – This training package covers:
- What is a Language Disorder?
- What is DLD?
- How can you identify a child/student with DLD in your classroom?
- What can you do to help?

Vocabulary Development & Word Finding Difficulties - This training package covers:
- How does a child's vocabulary develop?
- What causes vocabulary difficulties?
- Vocabulary building in the classroom for younger children
- Vocabulary building in the classroom for older children
- What are word finding difficulties and how do they present?
- Strategies to support children/students with word finding difficulties

Narrative – This training package covers:
- What is a narrative?
- How do language and storytelling skills develop?
- What are 'Wh' words?
- Blank Levels
- What is required to create an effective narrative?
- Why is storytelling important in everyday life?
- What can go wrong and what strategies can we use to support children/students to develop their narrative skills

Visual Strategies – This training package covers:
- Overview of speech, language and communication (SLC) development
- What is Total Communication?
- What visuals can we use?
- What are symbols and how can we use them?
- Other Visual supports

Specialist Speech and Language Therapy Training Courses

Dysfluency – This training package covers:
- What is Dysfluency/Stammering?
- Finding out more about the causes of stammering
- How stammering can present in different ways and what to look out for
- How to help students who stammer
- Thinking about what makes stammering worse
- Therapy interventions that can help at different ages

Dysphagia (Typical vs Atypical Eating Drinking and Swallowing) - This training package covers:
- How do we eat and drink?
- Stages of a 'normal' swallow
- What is Dysphagia
- What can go wrong
- Textures and Consistencies
- Strategies to support people with dysphagia

<u>Dysphagia (IDDSI Consistencies and Textures)</u> - This training package covers:
- What is the International Dysphagia Diet Standardisation Initiative (IDDSI)
- IDDSI Textures and Consistencies
- How IDDSI guidelines are used to support children with EDS difficulties/Dysphagia

<u>Selective Mutism</u> – This training package covers:
- What is Selective Mutism?
- How can we help children and young people with Selective Mutism?
- The Stages of Confident Speaking
- Thinking about the 'Communication Load'
- How do we create the right environment to support communication
- Introduction to the 'Sliding-in Technique'

We can tailor any of these training packages into a bespoke package for your setting so please contact us to let us know what your requirements are.

Language Stimulation Groups and Secondary Transition Groups

We can also work alongside school staff training them to feel confident to run <u>Language Stimulation Groups</u> (across Nursery, Reception and KS1, KS2 and KS3) and <u>Secondary Transitions Groups</u>.

<u>Language Stimulation Groups</u> can provide help to children and young people who require additional support to develop their language skills. The groups support students to develop their:
- Attention/listening skills
- Group skills
- Vocabulary knowledge (e.g. core vocabulary, basic concepts, categorisation, similarities/differences)
- Ability to follow instructions of increasing complexity
- Understanding of different concepts (e.g. adjectives, before/after, first/next/last)
- Ability to answer questions
- Sequencing and narrative skills
- Reasoning skills (including inference/prediction)
- Ability to give a news account and ask questions about peer's news
- Knowledge of simple strategies (e.g. asking for repetition, asking for word meaning, dictionary skills, using word webs)

<u>Secondary Transition Groups</u> provide support to students as they prepare to transition from Primary school to Secondary school. The groups cover topics such as:
- Getting to know new people
- The differences between primary & secondary school.
- Reading & using a timetable and homework diary
- Organisation skills
- Active listening skills and clarification strategies
- Secondary school problem solving
- Reading a school map and finding your way around

- Making and keeping friends.
- Giving compliments and joining in a conversation
- Bullying
- Self-help strategies (e.g. identifying key words, asking for help, using a dictionary, and using a word map)

Some of the Language Stimulation Groups formed part of a research project that demonstrated statistically significant and sustained change for students who took part in the interventions. The research project also demonstrated that the staff trained by a SLT to deliver Secondary Transition Groups were as effective as the SLT run groups during the project. Please do contact us if you would like any further information about this research project or would like to discuss how these groups could be set up in your setting.

Nationally Recognised Interventions and Training Packages

As well as training tailored to the setting, slt4me can also deliver a range of recognised training packages to cover interventions such as:

Non-Directive Play – This training package covers:
- A background into Non-Directive Play (NDP)
- Features of NDP
- An introduction to different models of NDP (including Parent Child Interaction (PCI) and VERVE)
- How to set up NDP in your setting

Lego Therapy – This training package covers:
- What is LEGO Therapy?
- Why use LEGO®?
- What skills does LEGO Therapy support children to practice/develop?
- An introduction to the participants roles
- How we can include visuals and PECS and how to differentiate for a range of participants
- How to get started/create a sessions plan
- What resources do you need?

Zones of Regulations - This training package covers:
- An understanding of self-regulation.
- An introduction to the Zones of Regulation programme.
- Practical advice and strategies for use in school.

slt4me can also deliver a range of nationally recognised ELKAN training packages. ELKLAN courses are accredited courses for education and other staff working with those with speech, language and communication needs. All courses are evidence informed and teach strategies listed on the *What Works* database. slt4me can deliver any of the following training courses (taken from the ELKLAN website: https://www.elklan.co.uk/courses/practitioners):

Courses for Whole Settings
- Communication Friendly Settings – Early Years
- Communication Friendly Settings – Primary
- Communication Friendly Settings – Secondary
- Communication Friendly Settings – Special School

Core Courses
- Speech and Language Support For 0-3s
- Speech and Language Support For 3-5s
- Speech and Language Support For 5-11s
- Speech and Language Support For 11-16s
- Speech and Language Support For Post 16
- Speech and Language Support For Vulnerable Young People
- Speech and Language Support For Pupils with SLD
- Speech and Language Support For Verbal Pupils with ASD
- Communication Support For 0-25s with Complex Needs

Specialist Courses
- Supporting Verbal Pupils with ASD
- Supporting Children with Unclear Speech
- Supporting Children and Adults using AAC